



PATIENT'S NAME _____

DATE _____

PATIENT INFO

DIAGNOSIS _____

ADULT

PEDIATRIC

Bowel and Bladder:

- Incontinence (stress/urge/mixed)
- Urgency/frequency/overactive bladder
- Constipation
- Dysynergic defecation
- Enuresis (bed wetting)

Pain and sexual function:

- Dyspareunia: vulvodynia, vaginismus
- Painful bladder syndrome
- Coccydynia or rectal pain
- Pudendal neuralgia
- Endometriosis/cysts/fibroids
- Chronic Pelvic Pain Syndrome
- Chronic Non-Bacterial Prostatitis

Pre-Natal and Post-Natal:

- Labour and delivery consultation
- Pelvic girdle pain
- Post-partum assessment
- Diastasis Recti (abdominal separation)

Pre-Operative and Post-Operative:

- Prostate surgery
- Pelvic Organ Prolapse surgery
- Painful scar/adhesions

TREATMENT

- At the discretion of the physiotherapist
- Education: _____
- Manual therapy
- Biofeedback
- Muscle stimulation
- Percutaneous Tibial Nerve Stimulation
- Dilator therapy
- Rectal balloon training

Other Information: _____

REFERRED BY _____

FIND US AT HIGHWAY 7 AND MEADOWBROOK LANE

